

WORKING AT HEIGHT SAFETY TRAINING & CERTIFICATION

*Train safer. Operate smarter.
Certify with confidence.*



Theory + Practical Assessment



Certification Provided



**IN-HOUSE TRAINING
AVAILABLE**



**AVOID
HEAVY PENALTIES!**

Fine up to RM500,000 and/or
imprisonment up to 2 years
according to OSHA (Amendment) 2022.



Avoid fines, penalties
& legal action



Reduce accident and
equipment-damage risk



Support compliance with
workplace safety requirements



Prevent downtime and
unsafe operations



Protect workers and
company reputation



COURSE CONTENT

- 01 Hazard identification & legal requirements
- 02 Fall prevention and fall protection basics
- 03 PPE, full body harness & lanyard inspection
- 04 Safe use of ladders, platforms & anchor points
- 05 Emergency response, rescue awareness & practical assessment
- 06 Prevent suspension trauma and use of suspension trauma device



WHY THEY NEED IT

- Reduce risk of falls and serious injuries
- Improve compliance with workplace safety requirements
- Build confidence in safe work-at-height procedures
- Protect workers, projects and company reputation



SUITABLE FOR

- ✓ Maintenance Personnel
- ✓ Technicians & Installers
- ✓ Supervisors
- ✓ Warehouse / Production Staff
- ✓ Contractors



TRAINING FEE

RM 400 /PAX

HRD CORP CLAIMABLE

*Price shown is for Klang Valley only.
Outstation rates may vary depending on distance.
Please contact us to obtain our official quotation
for full details.

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TRAIN SAFE. OPERATE SAFE. EVERYONE GOES HOME SAFE.